## Quaker Testimonies

## Quakers' experience of the Divine affects:

- What we do in our personal lives.
- What we believe.
- Changes we work for in the wider world.

"Testimonies" are what Quakers call the ways we have found to live and act based on our beliefs.

As a group, we find that listening to and following God leads to:

- Integrity—living as whole people who act on what we believe, tell the truth, and do what we say we will do.
- ♣ Simplicity—focusing on what is truly important and letting other things fall away.
- **Legislation** Equality—treating everyone, everywhere, as equally precious to God; recognizing that everyone has gifts to share.
- **Learning**—Supporting one another in our faith journeys and in times of joy and sorrow; sharing with and caring for each other.
- Peace—seeking justice and healing for all people; taking away the causes of war in the ways we live.
- Care for the earth—valuing and respecting all of God's creation; using only our fair share of the earth's resources; working for policies that protect the planet.

We do not always hear and follow Divine guidance; being in community with other Quakers helps us to be faithful.

**FGC- Friends General Conference** 

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