

## Upcoming Pendle Hill programs

[Introduction to Compassionate Listening](#), July 21, 7:30- 9 pm

Teacher and AVP facilitator Yael Petretti will offer a free introduction to “Compassionate Listening.” This methodology was developed by Quakers and is used around the world — and at home — in conflict situations. Come learn about this powerful program for dealing with conflict and painful polarization.

[Compassionate Listening](#), July 22, 9:30 am-5 pm with Yael Petretti

“I can’t talk to him/her/‘them’ . . .”

Do you have friends who voted for the “other” candidate?

Do you dread family gatherings because you and your uncle disagree about just about everything?

Frustrated in the face of so much polarization and knowing that we need to revive civil dialogue if we are to resolve the problems that confront us — personal and political?

In this Compassionate Listening workshop, learn to:

Listen and speak from the heart with kindness and honesty

Practice being present to the speaker

Heal alienation, lower tension, and eliminate violence.

► **Summer Interfaith Coffee Hours** July 17 and August 21 at Webster’s Bookstore 6:30- 8 pm, 3rd Mondays.

July Discussion Topic: What’s MOST important in interfaith relations today, especially in our local area? What, if anything, has become less important? What would YOU like to see more of or get more involved in? Come share your thoughts and enjoy friends and neighbors of other faiths!

Coffee Hours switch to 3rd Tuesdays, September – February.

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### Calendar

July 22-23	Creative Hands Gathering, Wellsboro Monthly Meeting
July 26-30	PYM Annual Session, College of New Jersey, Ewing, N.J.
July 31-Aug.8	BYM Annual Session, Hood College, Frederick, Md.
Sept. 8-10	USQM Fall Family Gathering at Camp Crystal Lake
Sept.23	Quaker College Fair, Friends Center, Philadelphia

More Information: BYM ([www.bym-rsf.org](http://www.bym-rsf.org)), PYM ([www.pym.org](http://www.pym.org)), USQM (<https://www.quakercloud.org/cloud/upper-susquehanna-quarterly-meeting>), SCFM ([statecollegefriends.org](http://statecollegefriends.org)) FGC ([fgcquaker.org](http://fgcquaker.org)), Pendle Hill ([www.pendlehill.org](http://www.pendlehill.org)).

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Notices for the Bi-Weekly Bulletin or the email list should be sent to:

[office@statecollegefriends.org](mailto:office@statecollegefriends.org).

Notices for the **monthly Newsletter** should be sent by the third Sat. of the month to [scfmnewsletter@gmail.com](mailto:scfmnewsletter@gmail.com)

## State College Friends Meeting

### Bi-Weekly Bulletin

*May the richness of our diversity strengthen our community and our love*

	First Day (Sunday), 7/16/2017
10:45 am	Gather for Meeting for Worship
11:00 am	Meeting for Worship
12:20 pm	Social time
4-6 pm	Rise Up Singing!

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12:20 pm	Social Time

*When you speak in Meeting for Worship, please use a voice loud enough to be heard in the far corner of the meeting room*

A Meeting for Worship is also held at **Foxdale** every first Day. All are welcome. Gather at 10:15 am in the nurses' conference room.

► **Rise Up Singing, 3rd Sunday of every month, July 16, 4-6 pm.**

We're having a lot of fun singing freedom songs, nostalgic songs, silly songs, and any other kind of song that is found in the Rise Up Singing songbook. Join us! Bring voices & instruments.

► On Tuesday, July 25, at 7:30 pm, Julie Harlow will be visiting State College Friends Meeting to share with us her experience at **Friends House Moscow**, a small international Quaker non-profit operating in Russia since 1996. She has traveled in the USSR and Russia since 1984 and is one of the founders of FHM. She will share her perspectives of the changing political, economic, cultural and social picture there.

► Friends who remember Mary Thom, who was an active member of our fellowship once she and Bill moved to Foxdale, may want to mark their calendars for her memorial service. Mary's Quaker memorial service will be held at 2:00 pm on Sat., July 22 in the Foxdale Village auditorium.

Condolences may be sent to her daughters: Margaret Thom, 1313 Mukwonago Drive, Mukwonago, WI 53149; Rachel Haverkos, 1289 Eucalyptus Ave, Petaluma, CA 94952. Everyone is invited to attend.

Laurie Jeffreys, For the Memorial Committee

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### **State College Friends Meeting**

611 East Prospect Ave., State College, PA 16801  
814-237-7051 • [www.statecollegefriends.org](http://www.statecollegefriends.org)  
[office@statecollegefriends.org](mailto:office@statecollegefriends.org)

**Gather and settle.** The time from 10:45 to 11:00 am on Sunday is a time for Friends to gather in the meeting room to prepare and settle for worship. Please enter during this time. While we expect silence in the meeting room during that time, we cannot expect silence outside the meeting room until 11:00. However, Friends are reminded that meeting begins at 11:00 and we ask Friends to endeavor to be on time and to please enter the meeting room by 11:00.

**Meeting for worship.** State College Friends Meeting welcomes you to our silent, “unprogrammed” worship, ideally led by God’s Spirit. We have no designated ministers. A period of about twenty minutes is needed to center down into inward stillness. Spoken messages come from the spiritual depth of our lives and from the leadings of the Spirit. It is wise to ask oneself these questions before rising to speak: is my message from the Spirit, or from some other place? Is the message for me or for the whole group? Is the time to give it now or at some other time? It is best to follow each message with a period of silence in order to absorb what it has to tell us. When a message speaks to the condition of those present, out of the deepest parts of ourselves, and is harmoniously developed and deepened—and not too long—a profound sense of spiritual community may occur among us that freshens and delights. We call this a “gathered” meeting.

**Closing meeting for worship.** Our time of worship does not necessarily end at noon—it ends when the appointed person, attuned to the spiritual sense of the meeting, recognizes the appropriate moment.

The **Worship and Ministry Committee** is responsible for pastoral care for the Meeting. Please contact us:

To request prayer or to be held in the Light

To request assistance

To make us aware of changes in your lives, or the lives of others you believe should come to the committee’s attention

To request a clearness committee for consideration of membership, marriage or other decision points along your spiritual journey.

Please contact our clerk:

Margy Frysinger, phone: 814-692-8802, email: [mbfrysinger@msn.com](mailto:mbfrysinger@msn.com)

**Contributions to the Meeting** are always welcome and needed. Checks may be put in the donation box in the entry hall or mailed to the address on page 1. Donations may also be made through our website: [www.statecollegefriends.org](http://www.statecollegefriends.org)

**The Meeting office.** Office hours are Mon., Tues. Thurs. and Friday., 5-6:30 pm. Contact by phone: 237-7051 or by e-mail [office@statecollegefriends.org](mailto:office@statecollegefriends.org). Please let her know of any scheduled meetings or events in the buildings so conflicts can be avoided.

**Bulletin, Newsletter and Directory.** Bulletins and newsletters are available on the Web at [www.statecollegefriends.org](http://www.statecollegefriends.org) with password **Friend**. To receive the newsletter by mail or by email, or to receive other announcements and bulletins by email contact the Meeting office. **To be added to, or make changes in a Directory entry**, fill out a form available in the foyer or contact the Meeting office.

**Submissions for the monthly newsletter should be sent to:** Brosi Bradley, [scfmnewsletter@gmail.com](mailto:scfmnewsletter@gmail.com).

**Contact the Treasurer** by email at [treasure.friends.meeting@gmail.com](mailto:treasure.friends.meeting@gmail.com).

► There is a new sign-up sheet for summer potluck and refreshment volunteers. We hope each member and/or attender will help with at least 1 potluck and 3 refreshment dates through the year. Visit: [www.SignUpGenius.com/go/30E0B44ACA92FA57-state1](http://www.SignUpGenius.com/go/30E0B44ACA92FA57-state1)

► **Creative Hands Gathering**, July 22-23, Lynne Graham and Bryn Hammarstrom’s house, Hosted by Wellsboro Monthly Meeting Please join us as we talk, eat, worship, sing, and create all kinds of arts and crafts. All are welcome! No skill needed! Bring your own projects or join the group as we learn all about Shibori Dyeing! <https://www.fgcquaker.org/cloud/upper-susquehanna-quarterly-meeting/announcements/usqm-creative-hands-gathering-july-2017>

► **Friends Meeting Gardening Committee** volunteer opportunity. Friends Meeting gardening committee is meeting every Wednesday evening from 6 to 8 pm from now until October to work on the meeting gardens. We welcome everyone to stop in at any time for a few minutes or for 2 hours to help with the beautification of our grounds. Our meeting is fortunate to have so much space for natural beauty. Helping to care for this space is a fun way to be outdoors, socialize with others and contribute to our meeting. Come and join us!

► **Right Sharing of World Resources** is celebrating its 50th year. Read about their celebration and current projects in their newsletter, available online at: <https://www.rswr.org/education/newsletters/>

► **Quaker Religious Education Collaborative Gathering**, Aug. 18-20, Quaker Hill (Richmond, Indiana). There will be a panel discussion on What is the Role of the Bible in Quaker Religious Education?, workshops, interest groups, and 2 nights of singing and music with Annie Patterson. For more information, including registration, go to [www.quakers4re.org](http://www.quakers4re.org).

► **Gathering of Friends of African Descent**, Aug. 25-27, Chestnut Hill Meeting House, Philadelphia. The theme this year is “The Spirit of the Lord is Upon Us” taken from Isaiah 61.1 and Luke 4:18. Come testify to the movement of the Spirit in our midst and the work of the Spirit in our communities. For hospitality and information: <http://www.fofad.org/2017-gathering.html>

► **BYM Annual Session**, July 31-Aug. 8 "**Growing Towards Justice - Acting on Faith**". Together, we will seek to understand and discover ways to “live in that life and power that will take away the occasion” for the tragic violence, injustice, and lost human potential that begins in childhood and extends into entire communities. Information: <http://www.bym-rsf.org/events/annualsession/>